

# Follicular Dynamic and Repeatability of Follicular Wave Development in Peranakan Ongole (PO) Cattle

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## ABSTRAK

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Perlakuan superovulasi pada sapi PO (*Bos indicus*) memiliki respon yang rendah dibandingkan dengan rumpun *Bos taurus* yang mungkin berhubungan dengan perbedaan dinamika folikel antara kedua rumpun sapi. Penelitian ini dilakukan untuk mengetahui dinamika folikel dan repeatabilitas pola pertumbuhan gelombang folikel pada sapi PO. Pada tahap awal, penelitian menggunakan 9 ekor sapi PO berumur 5-7 tahun. Pengamatan dilakukan dengan menggunakan ultrasonografi (USG) setiap hari. Hasil pengamatan menunjukkan sapi PO memiliki pola 3 (66%) dan 4 (34%) gelombang pertumbuhan folikel dalam satu siklus. Gelombang folikel pertama dari pola gelombang 3 dan 4 terlihat berturut-turut hari ke 0,4±0,9 dan 1,4±1,1 relatif terhadap terjadinya ovulasi. Gelombang kedua terjadi berturut-turut hari ke 9,8±1,5 dan 7,4±1,9 pada pola 3 dan 4 gelombang, relatif terhadap terjadinya ovulasi. Pola 3 gelombang memiliki durasi folikel dominan lebih panjang (11,6±1,5 hari) dibandingkan pola 4 gelombang (10±2,9 hari). Kecepatan pertumbuhan folikel dominan tidak berbeda antara pola 3 dan 4 gelombang folikel (0,87±0,23 dan 0,94±0,25 mm/hari). Diameter folikel ovulatori antara pola 3 dan 4 gelombang folikel tidak berbeda yaitu berturut-turut 12,24±0,71 dan 12,30±0,22 mm. Diameter CL juga tidak berbeda antara pola 3 dan 4 gelombang folikel, yaitu 18,94±0,47 dan 19,44±0,87 mm. Pengamatan repeatabilitas pola gelombang yang dilakukan menggunakan 6 ekor menunjukkan sapi PO memiliki repeatabilitas tinggi pada pola gelombang (0,88) dan jumlah folikel yang berkembang (0,91). Penelitian ini menunjukkan data dinamika perkembangan folikel, pola gelombang dan repeatabilitasnya yang diharapkan membantu mendesain protokol perlakuan superovulasi atau teknologi reproduksi yang lain berbasis dinamika folikel sapi PO agar memperoleh respon yang lebih baik.

**Kata Kunci:** Sapi PO, Gelombang Folikel, Repeatabilitas, Interovulatori Interval

## ABSTRACT

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Superovulation treatment on PO cattle (*Bos indicus*) was less responsive compared to *Bos taurus* breed. It might due to the difference of their follicular dynamic. This study was conducted to investigate the follicular dynamics and its repeatability in PO cattle. Follicular dynamics observations conducted on 9 cows through ultrasound scanning every day. Observations of wave patterns repeatability were performed in 6 cows which its wave pattern already known on the next consecutive IOI. Research result indicated that PO cattle had 3 (66%) and 4-waves (34%) pattern. The first wave of 3 and 4-waves pattern emerged on day -0.4±0.9 and 1.4±1.1 respectively. The second wave of 3 and 4-wave pattern emerged on day 9.8±1.5 and 7.4±1.9 respectively. The pattern of 3 waves has a longer follicle dominant duration (11.6±1.5 day) in the first wave of estrous cycle, compared with 4 waves pattern (10±2.92 and 7±1.00 day respectively). The growth rate of dominant follicle was not different significantly between the 3 and 4-waves pattern (0.87±0.23 and 0.94±0.25 mm/day respectively). Similarly, ovulatory follicle diameter between 3 and 4-waves pattern was also not different significantly (12.24±12.34 and 12.30±12.23 mm respectively). Observation of wave patterns repeatability in 6 PO cows indicated that PO cattle had high repeatability in follicular wave pattern (0.88) and the number of growing follicle was 0.91. This study resulted data for dynamic of follicular development, wave pattern, its repeatability which be expected to design the protocol of superovulation treatment or other reproduction technologies based on follicular dynamic to improve its result in PO cattle.

**Key Words:** PO Cattle, Follicular Wave, Repeatability, Interovulatory Interval

## INTRODUCTION

Follicular wave was identified by growth of a small group follicle with diameter by 3-4 mm (Taylor & Rajamahendran 1991). Wave growth pattern of follicle might be observed in prepubertal (Melvin et al. 1999), during pregnancy (lactating period) (Taylor & Rajamahendran 1991), post-partum (Murphy et al. 1990), and during estrus cycle (Roche et al. 1999). Growth of follicular wave was began with increase of concentration of FSH serum and followed by sudden growth of 8-41 small follicles in 2-3 days (Ginther et al. 1997). One follicle would be selected to continuously grow to be dominant follicle (DF), meanwhile the smaller follicles would be subordinate follicle (SF) and would undergo an atresia. If there was a luteolysis in the growing-phase DF, follicle would undergo final maturation process continued by ovulation. If there was no luteolysis in the growing DF, the DF would undergo an atresia (Vasenna et al. 2003; Jaiswal et al. 2004; Adam et al. 2008).

Most of cattle breed showed 2 and 3 follicular wave pattern in one estrous cycle (Adam et al. 2008) although sometimes showed 1, 4, and 5 follicular wave pattern (Bleach et al. 2004; Viana et al. 2000). Follicular dynamic was one of research subjects which have been much studied in Europe breed (*Bos taurus*) but information of zebu cattle (*Bos indicus*) was very limited. Bó et al. (2003) has reviewed that reproduction characteristic of *B. indicus* cattle was different from *B. taurus* such as in length of estrous cycle, estrous time, estrous behavior, growth of dominant follicle and CL.

Superovulation program at Cipelang Livestock Embryo Center (LET) performed to PO cattle (*Bos indicus*) as donor showed lower ration of transferable embryo per total embryo collected (1.5 embryos) than Angus, Simmental and Limousine cattle (*Bos taurus*) which had ratio by 4.75, 3.37 and 2.96 embryos respectively (BET 2012). Hormone injection in superovulation was undifferentiated between donor from *Bos taurus* (Simmental and Limousine cattle) and donor from *Bos indicus* (PO cattle). Bó & Mapletoft (2014) said that response of superovulation would be optimal if follicle super-stimulation treatment was started in the beginning of follicular growth wave emergence. One day earlier or later gonadotropin treatment from initial follicular wave would decrease superovulation response compared to starting treatment right at the time of the initial follicular wave emergence (Bó et al. 2008). It was assumed that there was a relation of difference of reproduction characteristic between both cattle breeds especially in follicular wave pattern with the obstacles faced in superovulation program in PO cattle. Information of characteristic of ovulatory dynamic and its repeatability are needed to optimize superovulation program in PO cattle.

This study was conducted to determine characteristic of ovulatory dynamic during estrous cycle and repeatability rate of follicular growth wave pattern in Peranakan Ongole (PO) cattle.

## MATERIALS AND METHODS

### Materials

In this study 9 five-seven years old PO cows with body weight of 375-450 kg were used. All cows had Body Condition Value (BCV) ranged in 2.7-3.2 of scale 1-5 with normal estrous cycle. Diet was provided as 30-40 kg of grass per head per day and 2-3 kg of commercial diet per head per day.

### Ovulation synchronization

This study was started by ovulation synchronization to synchronize initial observation of ovulatory dynamic through installation of intra-vaginal progesterone prepate (Cuemate<sup>®</sup>, consisted of 1.56 mg progesterone in 2 pod silicon, Bioniche Animal Health (A/Asia) Pty.Ltd., Australia) followed by injection of 100 µg GnRH (Fertagyl<sup>®</sup>, Intervet Schering-Plough Animal Health, German) in the first day. Cuemate<sup>®</sup> was entered into vagina for 7 days using special applicator oiled by isotonic gel. PGF2α (Prostavet<sup>®</sup> C, 5 mg of etiprostone per 2 ml of solution; Virbac Animal Health, France) was injected intramuscularly along with Cuemate<sup>®</sup> releasing in vagina. Two days later, 100 µg GnRH (Fertagyl<sup>®</sup>, Intervet Schering-Plough Animal Health, German) was added intramuscularly to induce ovulation synchronization.

### Observation of follicular dynamic

Observation of follicular dynamic was performed once a day at the same time and operator using portable ultrasonic (EasyScan Lite, England) equipped with goggle monitor and probe with dynamic frequency by 4-8 Mhz. The main unit of ultrasound was connected to computer and data were recorded in video version. Measurement of diameter of follicle was conducted using Microsoft image tool. Daily observation using ultrasound was started when PO cattle injected by PGF2α. One inter-ovulatory interval (IOI) was defined as time period between 1 ovulation with the next ovulation. First ovulation observed after ovulation synchronization was assumed as day-0 in 1 IOI.

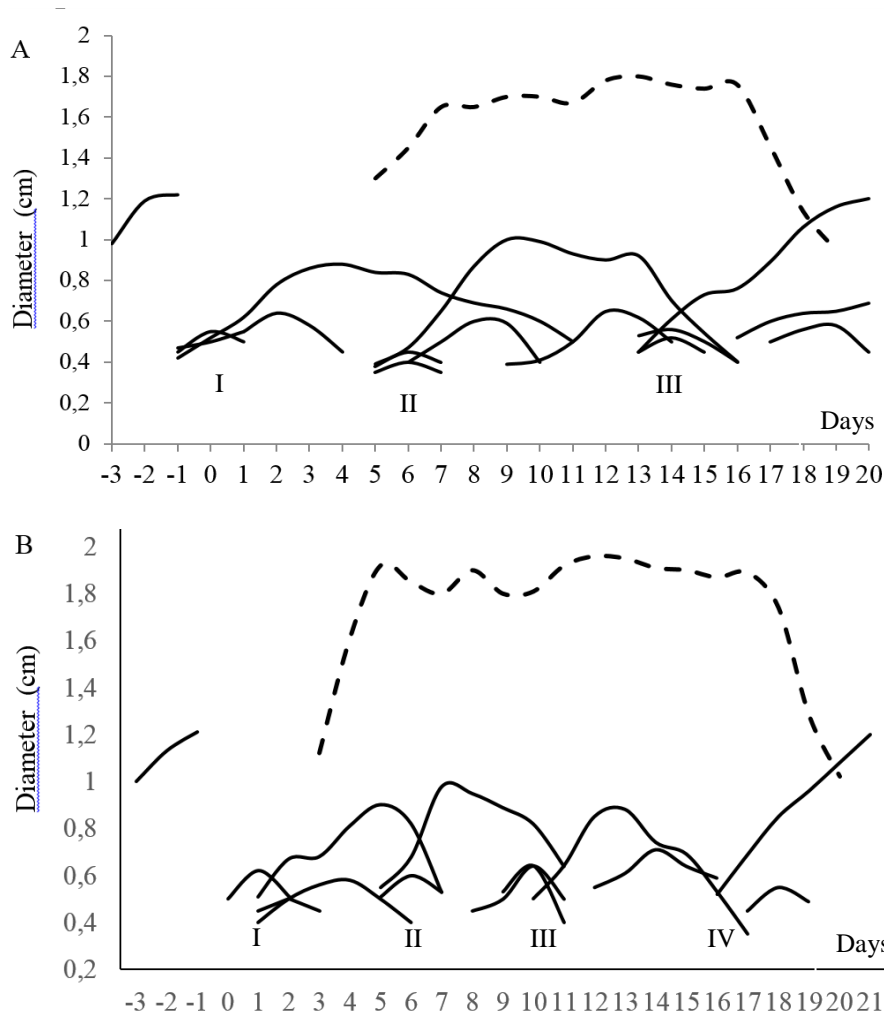
In the initial step, observation was conducted to obtain characteristic of follicular dynamic and for wave pattern in 1 IOI mapping. Nine cows were used in the initial study. To obtain repeatability of follicular wave growth, observation of follicular dynamic was continued in the next 1 IOI without a break using 6 cows

(3 cows with 3-wave pattern and 3 cows with 4-wave pattern).

**Data analysis**

One follicular wave was defined as duration of follicular growth started from 4 mm diameter until the dominant follicle back to its original size. Follicle reaching the biggest size from the same wave was stated as dominant follicle (DF), meanwhile smaller follicle was defined as subordinate follicle (SF). Follicular growth phase was a period of follicle detected in 4 mm of diameter until the time the follicle did not grow anymore. Regression phase was started at the time follicle diameter decreased until getting hard to be detected individually. Static phase was defined as a period between the last days of growth phase and first

day of regression phase. Data were divided according to pattern of follicular wave amount observed in 1 IOI (3 and 4-wave pattern group) and was tested by Independent-Sample T Test. Repeatability (0-1 value) was defined as proportion of total variance which was able to contribute to individual variance, and was calculated by formula:  $\text{individual } \sigma^2 / (\text{individual } \sigma^2 + \sigma^2 \text{ error})$  (Burns *et al.* 2005). Component of variance for repeatability was estimated using ANOVA with single factor. Percentage of follicular ovulation was amount of ovulation in the left or right ovary divided by total follicular ovulation observed. Percentage of follicular wave occurrence in ovary was amount of follicular wave occurred in the right or left ovary divided by total follicular wave observed.



**Figure 1.** Growth pattern of follicular wave and CL in PO cattle with 3-follicular wave (A) and 4-follicular wave (B). Description: dotted line is CL growth pattern, solid line is follicular growth pattern.

## RESULT AND DISCUSSION

Based on daily observation of follicular dynamic, 6 cows (66%) showed 3-follicular wave pattern and the 3 (33%) showed 4-follicular wave pattern (Figure 1) and there was no 2-wave pattern. Melia et al. (2014) reported that 6 PO cattle showed 3-wave pattern. In other study, Viana et al. (2000) reported that there was only 1 (6%) of 15 Gyr cattle (*B. indicus*) which had 2-follicular wave pattern, the rest 60% and 26.7% had 3 and 4-follicular wave pattern, respectively.

Wave amount in 1 cycle was not affected by cattle breed (Adam et al. 2008), however Bó et al. (2003) reported that there was 3-wave pattern in poor nutrition and heat-stressed cattle. There was different in wave pattern proportion of heifer and cow in dairy cattle (Wolfenson et al. 2004). In other study, Adam et al. (2008) said that the most heifers (65%) of Nellor cattle (*B. indicus*) showed 3-wave, while most of cows (83%) showed 2-wave pattern. Satheshkumar et al. (2015) reported that 3-wave pattern emerged more frequently in the winter than the 2-wave pattern, and conversely in the summer. Follicular wave growth was initiated in day  $-0.4 \pm 0.9$  and  $1.4 \pm 1.1$  relative against ovulation in cattle with 3 and 4 follicular wave. The next follicular wave started to grow in day  $8.1 \pm 1.5$  and  $7.4 \pm 1.9$  for the 3 and 4-wave pattern (Table 1). Three-wave pattern had the longest dominant duration ( $11.6 \pm 1.5$  days) on the first wave and shorter on 4-wave pattern ( $10.0 \pm 2.9$ ). This was in line with Adam et al. (2008) who said that there was a highly correlation between dominant duration with its wave amount pattern. Shorter dominant duration would increase the number of wave in 1 IOI. In other study, Jaiswal et al. (2009) said that dominant duration on the first wave in IOI might be used to predict wave amount pattern. Diameter of dominant

follicle (DF) of each follicular wave in 3 and 4-wave pattern was not significantly different even diameter of dominant follicle tended to wane by increase of wave amount in 1 IOI (Table 1). Viana et al. (2000) said that decrease of diameter of dominant follicle and its dominant duration was associated with increase of wave amount in 1 estrous cycle. Bó et al. (2003) reported that the number of *B. indicus* (16%) which had 4 follicular wave pattern was higher than *B. taurus* (0%) and was allegedly due to a consequence of smaller diameter of dominant follicle and shorter dominant duration of *B. indicus*. High concentration estradiol suppressed LH impulse inducing synthesis of progesterone of luteal cells (Goodman et al. 1981; William et al. 1978), so that it was expected might affect function of luteal and its lifetime (Jaiswal et al. 2009).

However, on the third wave of 3-wave pattern which was an ovulatory follicle had significantly wider diameter than the third wave of 4-wave pattern (Table 1). As well it had wider diameter of ovulatory follicle than that non-ovulatory follicle in the same wave pattern. Progesterone produced by CL would suppress concentration of estradiol and growth rate of dominant follicle (Ramana et al. 2013; Junior et al. 2010), so that follicle growing during luteal phase had smaller diameter than ovulatory follicle growing during luteolysis.

One IOI cycle in this study tended to longer by increase of 3 and 4 wave pattern by  $22 \pm 1.6$  and  $22.8 \pm 2.9$  respectively (Table 2). It possibly related to size of follicular diameter in each wave pattern. Goff et al. (2004) said that estradiol in the first wave of IOI regulated time of oxytocin receptor emergence in endometrium that eventually managing prostaglandin production time to stimulate the luteolysis. There was a suspicion that size of follicular diameter on the first

**Table 1.** Characteristic per dominant follicular wave of PO cattle with 3 and 4 follicular wave in 1 IOI

Observation	Follicular wave			
	I	II	III	IV
Onset follicle (day-):				
3-wave	$-0.4 \pm 0.9$	$8.1 \pm 1.5$	$15 \pm 2.1$	-
4-wave	$1.4 \pm 1.1$	$7.4 \pm 1.9$	$12.2 \pm 1.5$	$16.2 \pm 3.2$
Dominant duration (day)				
3-wave	$11.6 \pm 1.5$	$11 \pm 2.3$	$6.8 \pm 1.3$	-
4-wave	$10 \pm 2.9$	$8.8 \pm 1.6$	$7.7 \pm 1.5$	$6.6 \pm 0.9$
Diameter of DF (mm)				
3-wave	$10.05 \pm 0.43$	$9.26 \pm 0.94$	$12.24 \pm 0.71^{a*}$	-
4-wave	$9.42 \pm 0.44$	$8.84 \pm 1.15$	$9.1 \pm 1.44^b$	$12.30 \pm 0.22$

Different *superscript* in the same column and characteristic shows significant different in  $P < 0.05$ . \*: Diameter of ovulatory follicle

**Table 2.** Characteristic of dynamic of dominant follicle, subordinate follicle and corpus luteum (CL) of PO cattle with 3 and 4 follicular waves

Characteristic	3-waves	4-waves
Dominant Follicle		
The number of IOI	7	5
IOI length (day)	22.0±1.6	22.8±2.9
Growth rate (mm/day)	0.87±0.23	0.94±0.25
Static phase (day)	3.7±2.0	2.7±1.9
Atresia rate (mm/day)	0.83±0.21	0.91±0.31
Follicle growth to ovulation (day)	7.6±0.6	7.4±1.1
Diameter of ovulatory follicle (mm)	12.24±0.71	12.30±0.22
Diameter when deviation (mm)	6.25±0.37	6.44±0.44
Growth rate of subordinate follicle velocity (mm/day)	0.83±0.25	0.72±0.33
Diameter of CL on day-10 (mm)	18.94±0.47	19.44±0.87

wave of IOI affecting pattern of follicular wave amount formed (Adam et al. 2008, Jaiswal et al. 2009). However, Boer et al. (2011) said that mechanism of wave pattern forming was still unclear and was allegedly involving more complex follicular growth regulation.

In this study, growth rate of dominant follicle was not significantly different between 3 and 4-wave (0.87±0.23 and 0.94±0.25 mm/day, respectively) (Table 2). As well DF growth rate was not significantly different from SF until the follicular deviation. This was in line with Adam et al. (2008) who said that a group of follicle had the same growth rate at the beginning of growth until one follicle was selected to continuously grow to become a DF.

Initial of growth difference between the two biggest follicles was defined as follicular deviation (Ginther et al. 2003). In this study, deviation was occurred after the selected follicle reached diameter of 6.25±0.37 and 6.44±0.44 in 3 and 4-wave respectively (Table 2). That was lower compared to follicular deviation in *B. taurus* breed by 8.5-9.0 mm (Ginther & Hoffman et al. 2014, Sartori et al. 2001). This result was in line with Sartorelli et al. (2005) reporting that Nellor cattle (*B. indicus*) had smaller follicular diameter during deviation and ovulation than *B. taurus*. *B. indicus* breed had smaller follicle dominant than *B. taurus*, so that follicle dominant in *B. indicus* became smaller during follicular deviation (Bó et al. 2003).

When the DF depended on LH, there were only 2 possibilities: ovulation or regression (Lucy 2007). DF unexposed by LH surge would remind at a certain period (static phase) and then regressed (Valdez et al.

2005). During this period, DF would depend on growth factor supporting transition of G1 into S phase of cellular cycle and prevented apoptosis in granulosa cells (Quirk et al. 2004). At the certain time in static phase, DF would lose its dominant function even morphologically this follicle was the biggest size (Ireland et al. 2000). In this study, cows with 3-wave pattern had longer static phase by 3.7±1.9 days than 4-wave pattern by 1.9±1.4 days.

Ovulatory follicle of 3 and 4-wave had no significant difference diameter by 12.24±0.71 and 12.30±0.23 mm, respectively (Table 2). Growth length follicle into ovulation was also not different between 3 and 4-wave pattern (18.94±0.47 and 19.44±0.87 mm, respectively) (Table 2). As well CL diameter in day-10 after ovulation was not significantly different between 3 and 4-wave pattern (18.94±0.47 and 19.44±0.87 mm, respectively).

Wave amount pattern in this study had high repeatability value by 0.88 in the same individual (Table 3). It was in line with Jaiswal et al. (2009) who said that wave pattern had high repeatability value in crossed Hereford (*B. taurus*) cattle. Sichtar et al. (2010) reported almost equal proportion between individual experiencing a change or not in wave amount pattern in the same individual of dairy cattle.

The number of follicle growing in this study had high repeatability value by 0.91 in the same individual. Another studies also reported that the number of follicle recruited into one wave had high repeatability value in the same individual, but was varied in the different individual (Santos et al. 2014; Ireland et al. 2007; David et al. 2005). Singh et al. (2004) reported that the high

**Table 3.** Value of characteristics of follicular dynamic observed in PO cattle

Observation	Value
Repeatability of (3 and 4) follicular wave pattern respectively in 2 IOI in the same individual	0.88
Repeatability of follicle amount growing in the same individual	0.91
Average follicle amount at the beginning of follicular wave growth	27.3±9.4
Percentage of ovulation in the right and left ovary	72% and 28%
Percentage of follicular wave in the right and left ovary	52% and 48%
Repeatability of follicular wave in the right and left ovary	0.14 and 0.10

number of antral follicle had a positive correlation to gonadotropin treatment during superovulation and produced more oocyte and transfer-feasible embryo. So that, characteristic of repeatability of high number of PO cattle might be used as parameter of donor selection to increase effectiveness of superovulation. In this study, ovulation in right ovary was higher (72%) than in the left (Table 3). It was in line with Vasenna et al. (2003) and Nation et al. (1999) who reported that ovulation more often occurred in the right ovary than in the left. However, Purwantara et al. (2006) and Ginther et al. (1989) reported balance ovulation in the right and left ovary. In other hand, percentage of the number of follicular wave formed between the right and left ovary was practically balance (52% and 48% respectively) showing that actually, right and left ovary had the same activity in folliculogenesis.

Repeatability of follicular wave emergence in the same ovary was too low both in the right and left ovary (0.14 and 0.10, respectively) showing a process of randomly follicular wave forming in the right and left ovary. This was different from Vasenna et al. (2003) reporting that activity of the right ovary was higher than the left. It was just 1 from a pair of follicle would be selected to be DF both in ipsilateral or contralateral position against the biggest subordinate follicle.

This study provided basic data of follicular dynamic and its repeatability in PO cattle based on USG observation. A better understanding of follicular dynamic was very useful in its utilization for purposes with more specific reproduction management such as in superovulation program. Some field studies had been conducted to implement superovulation program to other native cattle (Bali, Madura, and Aceh cattle) with standard superovulation protocol as applied in *Bos taurus* breed. However, until now response of superovulation produced was not as expectation. This indicated the urgent of understanding of follicular dynamic characteristics of each native cattle breed to be used as a basic data in implementation reference of reproduction technology, especially that superovulation program.

## CONCLUSION

This study showed that characteristic of follicular dynamic of PO cattle was dominated by 3-waves pattern in 1 estrous cycle. Repeatability of wave pattern and follicle number had high value in the same individual. Those characteristics might be used for reproduction management of donor cattle to increase superovulation effectiveness based on individual information.

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